



**THE EXCHANGE  
HOTEL**  
1 BELLSTONE SHREWSBURY SY1 1HU  
TEL: 01743 239114

## Sunday Lunch Menu

### Starters

\*Chefs freshly prepared soup of the day with crisp croutons

Avocado, prawn & Parma ham salad

Chicken liver & smoked bacon terrine, side salad, caramelised onion chutney & toasted ciabatta

Breaded brie wedges, cranberry port compote, chunky bread ✓

\*Woodland garlic & chive mushrooms with puff pastry top & crusty bread ✓

### Mains

Roast Rib Eye of Beef (served medium) with Yorkshire pudding & traditional roast gravy

\*Roast leg of pork with apple & pear puree, sausage meat, sage & onion seasoning

Roast breast of Shropshire turkey with sage & onion seasoning, wrapped in maple smoked bacon

Roast leg of Welsh lamb with roasted white onions

\*Goat's cheese & artichoke tart with red pepper & sundried tomato salad ✓

Steamed salmon fillet served with linguini pasta roasted vegetables & champagne cream

\*Nut Roast with stilton & leek sauce ✓

### Puddings

Chocolate mousse with Chantilly cream, tuille biscuit and chocolate sauce ✓

Marbled white & dark chocolate brownies with vanilla ice cream ✓

Apple & Raspberry crumble served with custard ✓

Hot waffles with blueberries, strawberry chocolate sauce & vanilla pod ice cream ✓

Coconut tart, served with whipped cream and raspberry coulis ✓

Selection of farmhouse cheeses, biscuits and chutney ✓ (add £1.45)

**Main course £11.50 - 2 Courses £13.50 - 3 Courses £15.50**

**Children 12 and under half price**

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[www.theexchangehotel.co.uk](http://www.theexchangehotel.co.uk)

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## Sandwiches & Tapas

### Sandwiches

- Roasted Mediterranean vegetables** with humous and lettuce v £6.95
- Three cheese & chive** – cheddar, Red Leicester and Cheshire cheese bound with mayonnaise v £6.95
- Cottage cheese** with roasted red pepper v £6.30
- Maple glazed ham** with sliced peaches £6.95
- Roasted Shropshire chicken** & bacon with lettuce & mayonnaise £7.25
- Atlantic prawn** with marie rose sauce £7.50
- Roast rib of beef** with balsamic caramelised onion chutney £7.25
- Beech wood scented smoked salmon** with cream cheese & chive £7.95
- Hot roast roll of the day**, mixed leaves, coleslaw & gravy £7.95

*All sandwiches are freshly prepared on a choice of white & granary bread, white or malted rolls & served with a side salad, coleslaw & hand cut chips*

### Tapas

- Spicy stuffed jalapeno peppers** with cream cheese, guacamole & salsa sauce v £6.50
- Roasted Mediterranean vegetables** scented in garlic and rosemary with a humous dip v £6.50
- A handpicked selection of the best quality meats** sliced Spanish parma ham, bresaola and chorizo sausage £7.95
- Beech wood scented smoked salmon** with diced avocado and shelled king prawns in cocktail sauce £7.95
- Baked Camembert** (for 2 to share) with crusty bread v £8.95
- Mezze platter** (for 2 to share) focaccia, hummus, olives, feta, cream cheese and marinated cous cous v £10.50

### Kids Menu

*All meals are priced at £5.50 and are served with either hand cut chips & salad or mashed potato & vegetables*

- Salmon fish fingers
- Mini beef burger
- Spaghetti pasta, tomato sauce & mozzarella v
- Mini fish
- Grilled chicken breast

Kids ice cream £1.95 (2 scoops)